

General Assembly

Raised Bill No. 903

January Session, 2017

LCO No. 4375



Referred to Committee on PUBLIC HEALTH

Introduced by: (PH)

AN ACT CONCERNING EDUCATIONAL AND PROFESSIONAL STANDARDS FOR PROFESSIONAL COUNSELORS.

Be it enacted by the Senate and House of Representatives in General Assembly convened:

- 1 Section 1. Section 20-195aa of the general statutes is repealed and
- 2 the following is substituted in lieu thereof (*Effective October 1, 2017*):
- 3 As used in [sections 20-195aa] this section and sections 20-195bb to
- 4 20-195ee, inclusive, as amended by this act:
- 5 (1) "Licensed professional counselor" or "professional counselor"
- 6 means a person who has been licensed as a clinical professional
- 7 counselor pursuant to this chapter;
- 8 (2) "Commissioner" means the Commissioner of Public Health;
- 9 (3) "Department" means the Department of Public Health;
- 10 (4) "Professional counseling" means the application, by persons
- 11 trained in counseling, of established principles of psycho-social
- 12 development and behavioral science to the evaluation, assessment,

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- 13 analysis, diagnosis and treatment of emotional, behavioral or
- 14 interpersonal dysfunction or difficulties that interfere with mental
- 15 health and human development. "Professional counseling" includes,
- 16 but is not limited to, individual, group, marriage and family
- 17 counseling, functional assessments for persons adjusting to a
- 18 disability, appraisal, crisis intervention and consultation with
- 19 individuals or groups; [.]
- 20 (5) "Under professional supervision" means the practice of
- 21 professional counseling under the professional supervision of a
- 22 licensed clinical professional counselor, a physician licensed pursuant
- 23 to chapter 370, who is certified in psychiatry by the American Board of
- 24 Psychiatry and Neurology, an advanced practice registered nurse
- 25 licensed pursuant to chapter 378, who is certified as an adult
- 26 psychiatric and mental health clinical nurse specialist by the American
- Nurses Credentialing Center, a psychologist licensed pursuant to
- 28 chapter 383, a marital and family therapist licensed pursuant to
- 29 <u>chapter 383a or a licensed clinical social worker licensed pursuant to</u>
- 30 <u>chapter 383b; and</u>
- 31 (6) "Professional supervision" means face-to-face consultation
- 32 between one supervisor, who is a professional described in subdivision
- 33 (5) of this section, and one person receiving supervision that consists of
- 34 not less than a monthly review with a written evaluation and
- 35 assessment by the supervisor of such person's practice of professional
- 36 counseling.
- 37 Sec. 2. Section 20-195cc of the general statutes is repealed and the
- 38 following is substituted in lieu thereof (*Effective October 1, 2017*):
- 39 (a) The Commissioner of Public Health shall grant a license as a
- 40 professional counselor to any applicant who furnishes evidence
- 41 satisfactory to the commissioner that such applicant has met the
- 42 requirements of section 20-195dd, as amended by this act. The
- 43 commissioner shall develop and provide application forms. The

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44 application fee shall be three hundred fifteen dollars.

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- (b) Licenses issued under this section may be renewed annually pursuant to section 19a-88. The fee for such renewal shall be one hundred ninety-five dollars. Each licensed professional counselor applying for license renewal shall furnish evidence satisfactory to the commissioner of having participated in continuing education programs. The commissioner shall adopt regulations, in accordance with chapter 54, to (1) define basic requirements for continuing education programs [, which] that shall include (A) not less than one contact hour of training or education each registration period on the topic of cultural competency, [and,] (B) on and after January 1, 2016, not less than two contact hours of training or education during the first renewal period in which continuing education is required and not less than once every six years thereafter on the topic of mental health conditions common to veterans and family members of veterans, including [(A)] (i) determining whether a patient is a veteran or family member of a veteran, [(B)] (ii) screening for conditions such as posttraumatic stress disorder, risk of suicide, depression and grief, and [(C)] (iii) suicide prevention training, and (C) on and after January 1, 2018, not less than three contact hours of training or education each registration period on the topic of professional ethics, (2) delineate qualifying programs, (3) establish a system of control and reporting, and (4) provide for a waiver of the continuing education requirement for good cause.
- Sec. 3. Section 20-195dd of the general statutes is repealed and the following is substituted in lieu thereof (*Effective October 1, 2017*):
 - (a) (1) Except as otherwise provided in subsections (b) and (c) of this section, an applicant for a license as a professional counselor shall, prior to January 1, 2019, submit evidence satisfactory to the [Commissioner of Public Health] commissioner of having: [(1)] (A) Completed sixty graduate semester hours in or related to the discipline of counseling at a regionally accredited institution of higher education,

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76 [which] that included coursework in each of the following areas: [(A)] 77 (i) Human growth and development, [(B)] (ii) social and cultural 78 foundations, [(C)] (iii) counseling theories and techniques or helping 79 relationships, [(D)] (iv) group dynamics, [(E)] (v) processing and 80 counseling, [(F)] (vi) career and lifestyle development, [(G)] (vii) 81 appraisals or tests and measurements for individuals and groups, [(H)] 82 (viii) research and evaluation, and [(I)] (ix) professional orientation to 83 counseling; [(2)] (B) earned, from a regionally accredited institution of 84 higher education a master's or doctoral degree in social work, marriage 85 and family therapy, counseling, psychology or a related mental health 86 field; [(3)] (C) acquired three thousand hours of postgraduate-degree-87 supervised experience in the practice of professional counseling, 88 performed over a period of not less than one year, that included a 89 minimum of one hundred hours of direct supervision by [(A)] (i) a 90 physician licensed pursuant to chapter 370 who has obtained 91 certification in psychiatry from the American Board of Psychiatry and 92 Neurology, [(B)] (ii) a psychologist licensed pursuant to chapter 383, 93 [(C)] (iii) an advanced practice registered nurse licensed pursuant to 94 chapter 378 and certified as a clinical specialist in adult psychiatric and 95 mental health nursing with the American Nurses Credentialing Center, 96 [(D)] (iv) a marital and family therapist licensed pursuant to chapter 97 383a, [(E)] (v) a clinical social worker licensed pursuant to chapter 98 383b, [(F)] (vi) a professional counselor licensed, or prior to October 1, 99 1998, eligible for licensure, pursuant to section 20-195cc, or [(G)] (vii) a 100 physician certified in psychiatry by the American Board of Psychiatry 101 and Neurology, psychologist, advanced practice registered nurse 102 certified as a clinical specialist in adult psychiatric and mental health 103 nursing with the American Nurses Credentialing Center, marital and 104 family therapist, clinical social worker or professional counselor 105 licensed or certified as such or as a person entitled to perform similar 106 services, under a different designation, in another state or jurisdiction 107 whose requirements for practicing in such capacity are substantially 108 similar to or higher than those of this state; and [(4)] (D) passed an 109 examination prescribed by the commissioner.

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(2) Except as otherwise provided in subsections (b) and (c) of this section, an applicant for licensure as a professional counselor shall, on and after January 1, 2019, submit evidence satisfactory to the commissioner of having: (A) (i) Earned a graduate degree in mental health counseling as part of a program of higher learning accredited by the Council for Accreditation of Counseling and Related Educational Programs, or a successor organization, or (ii) (I) completed at least sixty graduate semester hours in or related to the discipline of counseling at a regionally accredited institution of higher education that included coursework in each of the following areas: Human growth and development; social and cultural foundations; counseling theories; counseling techniques; group counseling; career counseling; appraisals or tests and measurements to individuals and groups; research and evaluation; professional orientation to mental health counseling; addiction and substance abuse counseling; trauma and crisis counseling; and diagnosis and treatment of mental and emotional disorders, (II) earned from a regionally accredited institution of higher education a master's or doctoral degree in social work, marriage and family therapy, counseling, psychology or a related mental health field, (III) completed a one-hundred-hour practicum in clinical mental health counseling, and (IV) completed a six-hundred-hour clinical mental health counseling internship; (B) acquired three thousand hours of postgraduate-degree-supervised experience in the practice of professional counseling, performed over a period of not less than one year, that included a minimum of one hundred hours of experience under professional supervision; and (C) passed an examination prescribed by the commissioner.

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(b) An applicant for licensure by endorsement shall present evidence satisfactory to the commissioner that the applicant is licensed or certified as a professional counselor, or as a person entitled to perform similar services under a different designation, in another state or jurisdiction whose requirements for practicing in such capacity are substantially similar to or higher than those of this state and that there

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- are no disciplinary actions or unresolved complaints pending.
- 144 (c) An applicant who is [currently] licensed or certified as a 145 professional counselor or its equivalent in another state, territory or 146 commonwealth of the United States may substitute three years of 147 licensed or certified work experience in the practice of professional 148 counseling in lieu of the requirements of [subdivision (3)] 149 subparagraph (C) of subdivision (1) of subsection (a) of this section, or 150 subparagraph (B) of subdivision (2) of subsection (a) of this section, as 151 applicable, provided the commissioner finds that such experience is 152 equal to or greater than the requirements of this state.

This act shall take effect as follows and shall amend the following sections:		
Section 1	October 1, 2017	20-195aa
Sec. 2	October 1, 2017	20-195cc
Sec. 3	October 1, 2017	20-195dd

Statement of Purpose:

To strengthen and clarify academic qualifications for licensed professional counselors and require licensed professional counselors to complete continuing education in professional ethics.

[Proposed deletions are enclosed in brackets. Proposed additions are indicated by underline, except that when the entire text of a bill or resolution or a section of a bill or resolution is new, it is not underlined.]

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